

# Supporting people experiencing domestic abuse in the High Peak and Derbyshire Dales



# IMPACT REPORT 2022-2023

## A MESSAGE FROM OUR CHAIR

This year, we saw the increasing impact of the cost-of-living crisis on victims of domestic abuse. The level of referrals we received remained higher than pre-pandemic. Despite this, we continued to successfully develop our service and increase the amount of support we were able to offer to our service users in the High Peak and Derbyshire Dales.

I am so proud of our staff, trustees and volunteers for their dedication, resilience and passion for the work we do. We are very fortunate to have such a committed group of people working for the charity.

Thank you to everyone who has supported us this year, especially those who have fundraised and donated money and essential items. Mostly, I would like to thank our service users for their continued bravery. You inspire us every day to keep going.

*Elaine McDonald - Chair of Trustees*

## IMPACT SNAPSHOT

# 436

Adults Supported

# 422

Children & Young  
People Supported

# 82%

Referrals Accepted

**844**  
**people**  
**directly**  
**benefited**  
**from our**  
**work this**  
**year**



**22** young women used The Harmony Project and follow-on support

**287** children were helped to recover from domestic abuse through one-to-one and group support

**149** women were helped in their recovery by our counselling and Freedom Programme

**135** young people accessed the Making Positive Choices project

**315** adults were supported in the community

## **Our Objectives**

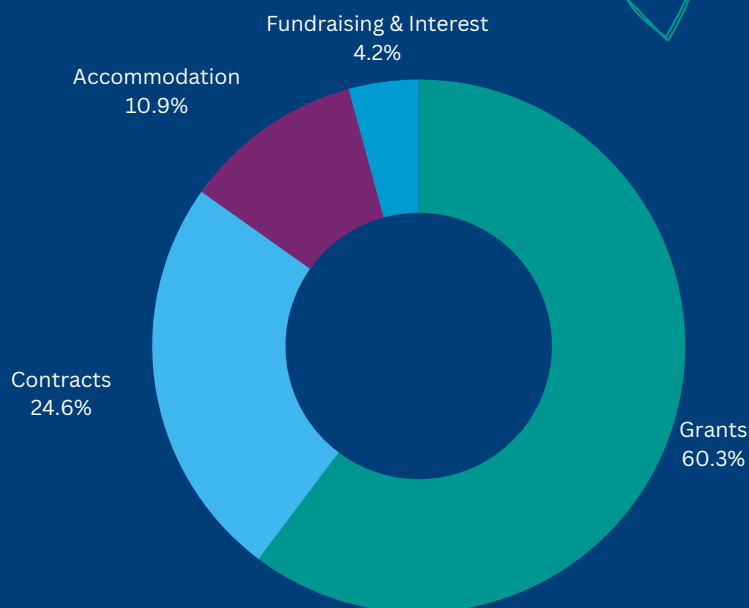
**Sustainability** – Our community fundraising income remained below the level that we saw prior to the Covid-19 pandemic. However, we did see a rise in statutory and grant funding. This has meant we have been able to continue to offer all of our project work and maintain our higher staffing levels to meet the greater demand.

**Commissioned services** – We continued to deliver our contracted services, and were able to expand these thanks to a further contract variation. We deliver this work in partnership with The Elm Foundation and Derbyshire WISH (NCHA).

**Improved partnership working** – We have developed stronger links with partners this year, particularly Social Care, through the Achieving Great Futures initiative.

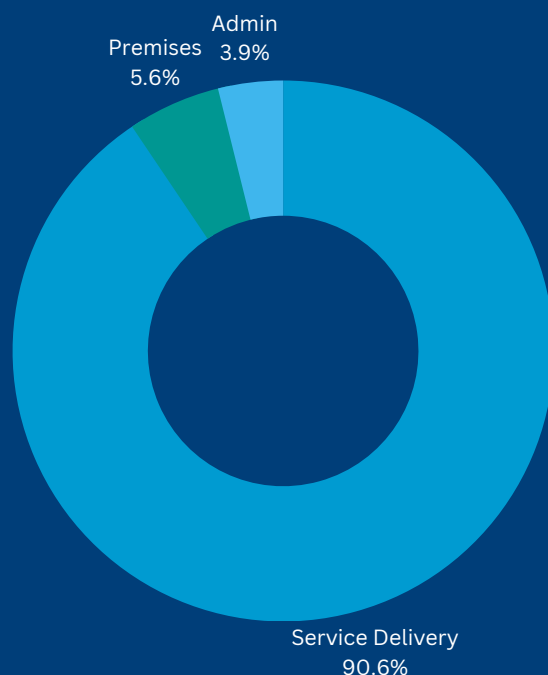
## FUNDS RAISED

# £1,068,657



## TOTAL EXPENSES

# £1,193,905



## PROJECTS DETAILS

### Adult Outreach

We provide intensive support during times of transition, help people to leave an abusive relationship and keep themselves safe.

- 73% reported an increase in safety.
- 77% an increase in self-esteem and confidence

### Children's Outreach

Our children's team supports children in schools across the High Peak and Derbyshire Dales. We have fully resumed our Me2 Group Work.

- 90% reported that they had increased their ability to keep themselves safe.

### Making Positive Choices

This project works with young people who are at risk of entering unhealthy relationships. This includes specialist work with young people who are showing signs of abuse towards a parent or sibling.

- 92% reported an increase in their understanding of healthy relationships and the warning signs of abuse.

### Accommodation

Our shared refuge, The Harmony Project, is a specialist domestic abuse refuge and targeted support service for young women aged 16-24 and their children. We also have four stand-alone properties for young women who are moving on.

- 100% showed an improvement in safety
- 100% showed an improvement in their mental health
- 86% of those with children showed an improvement in their parenting skills.

## OUTCOME

# WE COULDN'T HAVE DONE IT WITHOUT YOUR GENEROUS SUPPORT



Foundation  
Derbyshire



High Peak Borough Council



FLAIR  
RUGS



LOTTERY FUNDED



hummingbird  
project



Community aid • Clothing bank  
• Local support



Derbyshire  
Police and Crime  
Commissioner



# THANK YOU TO ALL OUR DONORS, FUNDRAISERS AND VOLUNTEERS



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